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| 06/02/2021 | Sophie Dunnett Performance Endurance Training Shebster View, Blackhills,  Reay, Caithness  KW14 7RR |

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| |  | | --- | | **NC500 Charity Virtual Challenge entry form**  **12th-18th April 2021**  **Team Leader Name:…………………………………………………………………………………………………………………………….**  **Contact mobile number:…………………………………………………………………………..**  **E-mail address:…………………………………………………………………………………………………………………………..**  **Team Name: ……………………………………………………………………………………………………………………………………….**  **Team Members:**   1. **Team Leader ……………………………………………………….. Home town…………………………………………..** 2. **…………………………………………………………………………………….. Home town…………………………………………..** 3. **…………………………………………………………………………………….. Home town…………………………………………..** 4. **…………………………………………………………………………………….. Home town…………………………………………..** 5. **…………………………………………………………………………………….. Home town…………………………………………..** 6. **…………………………………………………………………………………….. Home town…………………………………………..** 7. **…………………………………………………………………………………….. Home town………………………………………….** 8. **…………………………………………………………………………………….. Home town………………………………………….** 9. **…………………………………………………………………………………….. Home town………………………………………….** 10. **…………………………………………………………………………………….. Home town…………………………………………..**   **By entering your team, you are agreeing to follow all of the guidance provided in the NC500 Charity Virtual Challenge instructions on the P.E.T. website.**  **Next steps:**   1. **Return completed entry form to** [**sophie@performance-endurance-training.co.uk**](mailto:sophie@performance-endurance-training.co.uk)**. by the 1st April at the latest** 2. **Make your team donation to** <https://www.justgiving.com/fundraising/pet-nc500> **and include your team name in the ‘name’ or ‘message’ box. Please make sure you have checked with all members before you tick the gift aid box** 3. **Pass the details of the Justgiving page onto your team members if they wish to raise more money for SAMH** 4. **‘Like’ the P.E.T. facebook page and post updates about your team and its progress for the challenge -** <https://www.facebook.com/performanceendurancetraining> 5. **Complete the NC550 results sheet with the names of each team member against the stages they are running.** Then log their results as they run each stage. **Results sheets and screenshots should be sent to the P.E.T. e-mail address above by 2100hrs on Sunday 18th April. To prevent me having an excel meltdown please send interim results also through the week.**   **Any questions please get in touch. Keep running, stay safe and many thanks in advance for your support for the NC500 Charity Virtual Challenge and SAMH.**  **Sophie Dunnett**  Performance Endurance Training  Phone: 07756 298 913  E-mail: sophie@performance-endurance-training.co.uk | |  |