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| 06/02/2021 | Sophie DunnettPerformance Endurance TrainingShebster View, Blackhills, Reay, CaithnessKW14 7RR |

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| **NC500 Charity Virtual Challenge entry form****12th-18th April 2021****Team Leader Name:…………………………………………………………………………………………………………………………….****Contact mobile number:…………………………………………………………………………..** **E-mail address:…………………………………………………………………………………………………………………………..****Team Name: ……………………………………………………………………………………………………………………………………….****Team Members:**1. **Team Leader ……………………………………………………….. Home town…………………………………………..**
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**By entering your team, you are agreeing to follow all of the guidance provided in the NC500 Charity Virtual Challenge instructions on the P.E.T. website.** **Next steps:**1. **Return completed entry form to** **sophie@performance-endurance-training.co.uk****. by the 1st April at the latest**
2. **Make your team donation to** <https://www.justgiving.com/fundraising/pet-nc500> **and include your team name in the ‘name’ or ‘message’ box. Please make sure you have checked with all members before you tick the gift aid box**
3. **Pass the details of the Justgiving page onto your team members if they wish to raise more money for SAMH**
4. **‘Like’ the P.E.T. facebook page and post updates about your team and its progress for the challenge -** <https://www.facebook.com/performanceendurancetraining>
5. **Complete the NC550 results sheet with the names of each team member against the stages they are running.** Then log their results as they run each stage. **Results sheets and screenshots should be sent to the P.E.T. e-mail address above by 2100hrs on Sunday 18th April. To prevent me having an excel meltdown please send interim results also through the week.**

**Any questions please get in touch. Keep running, stay safe and many thanks in advance for your support for the NC500 Charity Virtual Challenge and SAMH.** **Sophie Dunnett**Performance Endurance TrainingPhone: 07756 298 913E-mail: sophie@performance-endurance-training.co.uk |

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